

GRAYSON COUNTY PARKS AND RECREATION DEPARTMENT
2022
5TH AND 6TH GRADE BOYS AND GIRLS BASKETBALL LEAGUE

LEAGUE RULES AND OBJECTIVES

1. The primary objective of GRAYSON COUNTY PARKS AND RECREATION DEPARTMENT'S YOUTH SPORTS is for all players participating in games and practices to have fun, play their required time in all games and be taught the sport of basketball.
2. Each coach, player and parent involved with the sports programs are responsible for representing themselves in a professional manner to all kids, parents and referees. A player assessed an **unsportsman-like technical** will be out of the game.
3. (VHSL) Virginia High School League Rules will be used with these modifications.
4. Each player must play one (1) full quarter from start to finish each game and two quarters total during the game. The only exception is if a player is physically unable to do this or is being disciplined. Players must also sit out 1 full quarter (Start to finish) if the team has more than 5 players at the game.
**When playing in Sparta, games will be played in 20 minute halves.*
5. Boys & Girls league may play zone or man to man from the start of the season. Boys & Girls team's may also press the entire game or until a team has established a ten (10) point lead. After a ten (10) point lead, the defensive team must wait until the offensive team advances over the half-court line before they can start playing defense. Teams may press again if winning team's lead is under 10 points.
6. Players will shoot one and one on opposing team's seventh team foul and two shots on the tenth team foul each half.
7. Each quarter will be ten (10) minutes long with a continuous clock until the last minute of each quarter. Clock will stop only for time-outs or injury.
**When playing in Sparta the clock will stop for all fouls.*
8. Players will be allowed five (5) fouls per game.
9. Overtimes will be two (2) minutes with a continuous clock until the last minute of the overtime.
**When playing in Sparta the clock will stop as in regulation high school games.*
10. Players will shoot three foul shots if fouled beyond the three-point line. All shots made beyond the three point arc will count as three (3) points.
11. Teams can begin games with four (4) players. An effort will always be made to play scheduled games even if opposing teams need to share players. The objective of our youth sports is for kids to **PLAY!**
13. Teams will be allowed two (2) full time-outs per half. No carry-over of time-outs to each half or overtimes. Teams will be allowed only 1 full timeout each overtime.
14. New foul lane rule will apply. (If Team "A" is shooting a foul shot, that team may only have two (2) players in the marked lane spots. Team "B" will have four (4) players in the spots). Also, Players may enter the lane area on free-throws after the ball is released by the shooter. The shooter can enter the lane after it hits the rim. No players will be allowed below the area on the foul line extended or 3 pt. arc until the ball hits the rim.

GRAYSON COUNTY PARKS AND RECREATION DEPARTMENT
2022
3RD AND 4TH GRADE BOYS AND GIRLS BASKETBALL LEAGUE

LEAGUE RULES AND OBJECTIVES

1. The primary objective of GRAYSON COUNTY PARKS AND RECREATION DEPARTMENT'S YOUTH SPORTS is for all players participating in games and practices to have fun, play their required time in all games and be taught the sport of basketball.
2. Each coach, player and parent involved with the sports programs are responsible for representing themselves in a professional manner to all kids, parents and referees.
3. (VHSL) Virginia High School League Rules will be used with these modifications.
4. Each player must play one (1) full quarter from start to finish each game and two quarters total during the game. The only exception is if a player is physically unable to do this or is being disciplined. Players must also sit out 1 full quarter if the team has more than 5 players at the game.
5. Boys & Girls league may play zone or man to man from the start of the season. Full court press will be allowed the entire game or until a team has established a ten (10) point lead. After a ten (10) point lead, the defensive team must wait until the offensive team advances over the half-court line before they can start playing defense.
6. Players will shoot one and one on opposing teams seventh team foul and two shots on the tenth team foul each half.
7. Each quarter will be eight (8) minutes long with a continuous clock until the last minute of each quarter. Clock will stop only for time-outs or injury. Overtimes will be two (2) minutes with a continuous clock until the last minute of the overtime.
**When playing in Sparta games will be played in 20-minute halves.*
**When playing in Sparta the clock will stop for all fouls and, during overtime, the clock will stop as in regulation high school games.*
8. Players will be allowed five (5) fouls per game.
9. Players will shoot three foul shots if fouled beyond the three-point line. All shots made beyond the three point arc will count as three (3) points.
11. Teams can begin games with four (4) players. An effort will always be made to play scheduled games even if opposing teams need to share players. The objective of our youth sports is for kids to **PLAY!**
12. Teams will be allowed two (2) full time-outs per half. No carry-over of time-outs to each half or overtimes. Teams will be allowed only 1 full timeout each overtime.
13. New foul lane rule will apply. (If Team "A" is shooting a foul shot, that team may only have two (2) players in the marked lane spots. Team "B" will have four (4) players in the spots). Also, Players may enter the lane area on free-throws after the ball is released by the shooter. The shooter can enter the lane after it hits the rim. No players will be allowed below the area on the foul line extended or 3 pt. arc until the ball hits the rim.